



After School Club Useful Information

Location: Long Ditton Infant and Nursery School.

Day/time: Tuesdays 3:00-4:30.

Collection and pick up arrangements: We will collect and register the children from the school library at 3pm, before taking them out to the forest school site (on the school grounds), and take them to the side gate by the main entrance for pick up at 4.30.

Clothing: Forest school is about play and exploration outdoors in all seasons and all weathers. Whilst we always ensure there is some shade in the summer, or shelter from heavy rain, the right clothing is essential to fully enjoy all that forest school has to offer.

It is not necessary for children to change from their school uniform however, they may bring a change of clothes if they wish. Long trousers and long sleeves are advisable to avoid minor scratches and scrapes. Sturdy boots or wellies are best in the winter and trainers in the summer (no open-toed shoes). Warm clothing, including a coat and hat are necessary in cold weather. A waterproof coat is essential in wet weather and waterproof trousers are advisable. Sun hats are advisable in the summer. We will not apply suncream to participants, but they may bring a named suncream from home to apply themselves. We have a few spare waterproofs, wellies and sunhats.

Health and Safety, including First Aid: The site and all activities are risk assessed and this is regularly evaluated. Forest school leaders also carry out a dynamic risk assessment (considering weather, condition of site etc) before the start of every session and address any concerns accordingly.

We run through our safety rules with all participants at the start of every session (see Ground Rules).

We have a first aid kit on site, that is frequently checked and replenished, and at least one Forest School leader holds a current Outdoor and Paediatric First Aid Qualification.

First aid kit contains: non-latex hygiene gloves, selection of plasters, antiseptic wipes, bandage, sterile gauze swabs, distilled water.

Participant registration forms are kept onsite and are checked for permissions/allergies.

Welfare: Children use toilets and hand-washing facilities in the school. Kitchen roll, tissues and water are available on the Forest School site.

Food and Drink: Participants are advised to bring drinking water in a named water bottle. All participants have access to hand-washing facilities before eating or preparing food. Before any activities involving food or drink, we check all participant allergies and dietary requirements.

Communications: We can be contacted via mobile phone *during sessions only* (for emergencies or last-minute pickup arrangements). Contact at all other times is via email or through the school office.

Email: hello@twigletsforestschool.co.uk

Tel: 07767186486 (during sessions only)